



NATIONAL
SAFETY
MONTH 07

Emergency Preparedness - Workplace

Ready for anything? It pays to be prepared.

Emergencies in the workplace are rare, but every responsible company and office building has systems in place to protect the workers. While the thought of getting through a life-threatening emergency at work causes anguish for people apart from their families, a commitment to responsible behavior and respect for emergency procedures will get everyone home safely.

Emergency Risks

- Chemical disasters or fire
- High-rise fire
- Weather disasters
- Bio-hazards

Tips for Prevention

- Follow all safety procedures completely, all the time.
- Familiarize yourself with the company's or building's emergency procedures.
- Get to know your organization's emergency evacuation plan – including exit routes and assembly locations.
- Identify the emergency exits in your building. And get in the habit of locating emergency exits in all public places.
- Never ignore an alarm, even if you know it's a drill.
- Know who to notify in your organization in the event of an emergency.
- Locate the nearest fire extinguisher – and learn how to use it.
- If possible, keep personal effects (wallets, keys) in your pockets; never go back to your desk or locker to retrieve them in an emergency
- Learn first aid and CPR. You can save a life at work or at home.